



CHILI'S NUTRITION

Effective: September 2017

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All items are listed **as served**, unless otherwise indicated.

DINING ROOM PORTIONS

Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Angry Orchard 10 fl oz	160	0	0	0	0	0	10	20	0	17	0
Angry Orchard 12 fl oz	190	0	0	0	0	0	15	24	0	20	0
Angry Orchard 16 fl oz	250	0	0	0	0	0	20	32	0	27	0
Angry Orchard 22 fl oz	350	0	0	0	0	0	25	44	0	37	0
Blue Moon 10 fl oz	140	0	0	0	0	0	15	12	0	0	2
Blue Moon 12 fl oz	170	0	0	0	0	0	15	14	0	0	2
Blue Moon 16 fl oz	220	0	0	0	0	0	20	19	0	0	3
Blue Moon 22 fl oz	310	0	0	0	0	0	30	26	0	0	3
Bud Light 10 fl oz	90	0	0	0	0	0	0	5	0	0	1
Bud Light 12 fl oz	110	0	0	0	0	0	0	7	0	0	1
Bud Light 16 fl oz	150	0	0	0	0	0	0	9	0	0	1
Bud Light 22 fl oz	200	0	0	0	0	0	0	12	0	0	2
Budweiser 10 fl oz	120	0	0	0	0	0	0	9	0	0	1
Budweiser 12 fl oz	150	0	0	0	0	0	0	11	0	0	1
Budweiser 16 fl oz	190	0	0	0	0	0	0	14	0	0	2
Budweiser 22 fl oz	270	0	0	0	0	0	0	19	0	0	2
Coors Light 10 fl oz	80	0	0	0	0	0	10	4	0	0	0
Coors Light 12 fl oz	100	0	0	0	0	0	10	5	0	0	0
Coors Light 16 fl oz	140	0	0	0	0	0	15	7	0	0	0
Coors Light 22 fl oz	190	0	0	0	0	0	20	9	0	0	0
Corona Extra 10 fl oz	130	0	0	0	0	0	10	12	0	4	1
Corona Extra 12 fl oz	160	0	0	0	0	0	15	15	0	4	1
Corona Extra 16 fl oz	210	0	0	0	0	0	20	20	0	6	2
Corona Extra 22 fl oz	290	0	0	0	0	0	25	27	0	8	2
Corona Light 10 fl oz	90	0	0	0	0	0	15	4	0	3	1
Corona Light 12 fl oz	110	0	0	0	0	0	20	5	0	3	1
Corona Light 16 fl oz	140	0	0	0	0	0	25	7	0	4	1
Corona Light 22 fl oz	200	0	0	0	0	0	35	10	0	6	2
Craft Beer 3-4 % ABV 10 fl oz	130	0	0	0	0	0	0	13	0	0	0
Craft Beer 3-4 % ABV 16 fl oz	200	0	0	0	0	0	0	21	0	0	0
Craft Beer 3-4 % ABV 22 fl oz	280	0	0	0	0	0	0	28	0	0	0
Craft Beer 5-7 % ABV 10 fl oz	160	0	0	0	0	0	0	15	0	0	0
Craft Beer 5-7 % ABV 16 fl oz	260	0	0	0	0	0	0	25	0	0	0
Craft Beer 5-7 % ABV 22 fl oz	360	0	0	0	0	0	0	34	0	0	0
Craft Beer 8-10% ABV 10 fl oz	240	0	0	0	0	0	0	21	0	0	0
Craft Beer 8-10% ABV 16 fl oz	390	0	0	0	0	0	0	34	0	0	0
Craft Beer 8-10% ABV 22 fl oz	530	0	0	0	0	0	0	47	0	0	0

Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dos Equis 10 fl oz	100	0	0	0	0	0	0	9	0	2	1
Dos Equis 12 fl oz	130	0	0	0	0	0	0	11	0	3	1
Dos Equis 16 fl oz	170	0	0	0	0	0	0	15	0	4	1
Dos Equis 22 fl oz	230	0	0	0	0	0	0	20	0	5	1
Heineken 10 fl oz	110	0	0	0	0	0	5	10	0	0	1
Heineken 12 fl oz	140	0	0	0	0	0	10	12	0	0	2
Heineken 16 fl oz	180	0	0	0	0	0	10	16	0	0	2
Heineken 22 fl oz	250	0	0	0	0	0	15	22	0	0	3
Lagunitas IPA 10 fl oz	160	0	0	0	0	0	10	12	0	2	2
Lagunitas IPA 12 fl oz	190	0	0	0	0	0	15	14	0	2	3
Lagunitas IPA 16 fl oz	250	0	0	0	0	0	20	19	0	3	4
Lagunitas IPA 22 fl oz	350	0	0	0	0	0	25	26	0	4	5
Michelob Ultra 10 fl oz	80	0	0	0	0	0	0	2	0	0	0
Michelob Ultra 12 fl oz	90	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 16 fl oz	130	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 22 fl oz	170	0	0	0	0	0	0	5	0	0	1
Miller Lite 10 fl oz	80	0	0	0	0	0	0	3	0	0	0
Miller Lite 12 fl oz	100	0	0	0	0	0	0	3	0	0	0
Miller Lite 16 fl oz	130	0	0	0	0	0	5	4	0	0	0
Miller Lite 22 fl oz	180	0	0	0	0	0	10	6	0	0	0
Modelo Especial 10 fl oz	130	0	0	0	0	0	10	12	0	4	1
Modelo Especial 12 fl oz	150	0	0	0	0	0	15	14	0	4	1
Modelo Especial 16 fl oz	200	0	0	0	0	0	20	19	0	6	2
Modelo Especial 22 fl oz	280	0	0	0	0	0	25	26	0	8	2
O'Douls 12 fl oz	60	0	0	0	0	0	0	13	0	0	1
Sam Adams Boston Lager 10 fl oz	150	0	0	0	0	0	15	16	1	2	2
Sam Adams Boston Lager 12 fl oz	180	0	0	0	0	0	20	19	1	2	2
Sam Adams Boston Lager 16 fl oz	240	0	0	0	0	0	25	25	1	3	3
Sam Adams Boston Lager 22 fl oz	330	0	0	0	0	0	35	35	2	4	4
Sierra Nevada IPA 10 fl oz	200	0	0	0	0	0	10	17	0	0	2
Sierra Nevada IPA 12 fl oz	240	0	0	0	0	0	10	21	0	0	2
Sierra Nevada IPA 16 fl oz	320	0	0	0	0	0	15	27	0	0	3
Sierra Nevada IPA 22 fl oz	440	0	0	0	0	0	20	38	0	0	5
Sierra Nevada Side Car 10 fl oz	150	0	0	0	0	0	5	13	0	1	2
Sierra Nevada Side Car 16 fl oz	240	0	0	0	0	0	10	21	0	1	3
Sierra Nevada Side Car 22 fl oz	330	0	0	0	0	0	15	29	0	1	4
Stella Artois 10 fl oz	130	0	0	0	0	0	0	11	0	0	1
Stella Artois 12 fl oz	150	0	0	0	0	0	0	13	0	0	1
Stella Artois 16 fl oz	200	0	0	0	0	0	0	17	0	0	2
Stella Artois 22 fl oz	280	0	0	0	0	0	0	23	0	0	2
Beverages - Cocktails	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Coconut State of Mind	200	0	0	0	0	0	0	40	0	38	0
Deep Eddy Texas Lemonade	270	0	0	0	0	0	0	33	0	31	0
Premium Long Island Iced Tea	290	0	0	0	0	0	0	32	0	28	0
Tito's Punch	320	0	0	0	0	0	5	53	1	49	0
Beverages - Margaritas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blueberry & Pineapple Margarita	340	0	0	0	0	0	0	51	1	46	0
Curevo Blue Margarita	250	0	0	0	0	0	1160	36	0	33	0
El Jimador Fresca Margarita	270	0	0	0	0	0	0	30	0	27	0
Black Barrel Cherry Margarita	320	0	0	0	0	0	0	50	0	48	0
El Nino Margarita	330	0	0	0	0	0	2320	34	0	29	0

Beverages - Margaritas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh for \$5 Traditional Margarita	180	0	0	0	0	0	1040	25	0	23	0
Fresh for \$5 Mango Margarita	200	0	0	0	0	0	0	32	0	30	0
Fresh for \$5 Raspberry Margarita	190	0	0	0	0	0	0	28	0	17	0
Patron Margarita	310	0	0	0	0	0	2040	45	0	39	0
Patron Margarita - Mango	360	0	0	0	0	0	0	59	1	52	0
Patron Margarita - Strawberry	360	0	0	0	0	0	15	58	1	51	0
Presidente Margarita	240	0	0	0	0	0	2040	23	0	19	0
Presidente Margarita - Mango	290	0	0	0	0	0	0	36	0	32	0
Presidente Margarita - Strawberry	270	0	0	0	0	0	10	32	0	28	0
Spicy Sauza Jalapeno Margarita	310	0	0	0	0	0	2320	45	0	40	0
Tito's Vodkarita	310	0	0	0	0	0	0	43	0	39	0
Tito's Vodkarita Mango	330	0	0	0	0	0	0	49	0	46	0
Tito's Vodkarita Strawberry	330	0	0	0	0	0	5	49	0	45	0
Tropical Sunrise Margarita	250	0	0	0	0	0	10	36	0	34	0
Ultimate Fresh Margarita	300	0	0	0	0	0	1160	45	0	40	0
Beverages - Wine	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Red Wine 6 fl oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine 9 fl oz	220	0	0	0	0	0	10	7	0	2	0
Sweet Wine 6 fl oz	170	0	0	0	0	0	25	10	0	10	0
Sweet Wine 9 fl oz	250	0	0	0	0	0	35	16	0	16	1
White Wine 6 fl oz	140	0	0	0	0	0	10	5	0	2	0
White Wine 9 fl oz	220	0	0	0	0	0	15	7	0	3	0
Coca-Cola	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	150	0	0	0	0	0	35	42	0	42	0
Kid Cup*	90	0	0	0	0	0	20	25	0	25	0
Togo Cup*	250	0	0	0	0	0	60	67	0	67	0
Coca-Cola Zero	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	40	0	0	0	0
Kid Cup*	0	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	0	65	0	0	0	0
Diet Coke	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	50	0	0	0	0
Kid Cup*	0	0	0	0	0	0	30	0	0	0	0
Togo Cup*	0	0	0	0	0	0	85	<1	0	0	0
Dr. Pepper	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dr. Pepper - Regular Cup*	130	0	0	0	0	0	45	34	0	34	0
Dr. Pepper - Kid Cup*	80	0	0	0	0	0	25	20	0	20	0
Dr. Pepper - Togo Cup*	190	0	0	0	0	0	65	51	0	51	0
Minute Maid Lemonade	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	160	0	0	0	0	0	105	41	0	39	0
Kid Cup*	90	0	0	0	0	0	65	24	0	23	0
Togo Cup*	250	0	0	0	0	0	170	65	0	62	0
Sprite	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	150	0	0	0	0	0	70	41	0	40	0
Kid Cup*	90	0	0	0	0	0	45	24	0	24	0
Togo Cup*	240	0	0	0	0	0	115	65	0	64	0
Miscellaneous Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Arnold Palmer	60	0	0	0	0	0	25	18	0	16	0
Arnold Palmer - Mango	90	0	0	0	0	0	25	25	0	24	0
Arnold Palmer - Strawberry	90	0	0	0	0	0	20	23	1	21	0
Bottled Water	0	0	0	0	0	0	0	0	0	0	0

Miscellaneous Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chili's Premium Blend Coffee	0	0	0	0	0	0	0	0	0	0	0
IBC® Rootbeer Bottle	170	0	0	0	0	0	60	44	0	44	0
Iced Tea - Blackberry	80	0	0	0	0	0	10	19	0	18	0
Iced Tea - Mango	80	0	0	0	0	0	10	20	0	18	0
Kids - Blue Lagoon	150	0	0	0	0	0	40	38	0	36	0
Kids - 2% Chocolate Milk	290	60	7	4.5	0	30	250	45	3	36	11
Kids - 2% Milk	180	70	7	4.5	0	30	170	18	0	18	12
Kids - Apple Juice Bottle	120	0	0	0	0	0	10	29	0	28	0
Kids - Cranberry Juice Can	80	0	0	0	0	0	0	20	0	20	0
Kids - Orange Juice Bottle	130	5	0	0	0	0	20	32	0	28	2
Lemonade	120	0	0	0	0	0	40	34	0	33	0
Lemonade - Black Cherry	120	0	0	0	0	0	40	34	0	33	0
Lemonade - Strawberry	190	0	0	0	0	0	40	51	2	48	0
Baby Back Ribs w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Honey-Chipotle BBQ - Full Rack	960	500	56	23	0	310	1190	38	3	25	75
Texas Honey-Chipotle BBQ - Full Rack	1430	800	89	36	0	490	1570	40	5	25	119
House BBQ - Full Rack	970	520	58	23	0	310	2220	35	5	28	76
Texas House BBQ - Full Rack	1450	820	91	36	0	490	2600	37	6	28	120
Original BBQ - Full Rack	950	510	56	23	0	310	1820	34	3	27	76
Texas Original BBQ - Full Rack	1420	800	89	36	0	490	2200	36	5	27	120
Dry Rub - Full Rack	1080	650	72	25	0	310	4620	33	5	24	77
Texas Dry Rub - Full Rack	1560	940	105	38	0	490	5000	35	7	24	121
Honey-Chipotle BBQ - Half Rack	480	250	28	11	0	155	590	19	2	13	37
Texas Honey-Chipotle BBQ - Half Rack	720	400	44	18	0	245	780	20	2	13	59
House BBQ - Half Rack	480	260	29	11	0	155	1110	18	2	14	38
Texas House BBQ - Half Rack	720	410	45	18	0	245	1300	19	3	14	60
Original BBQ - Half Rack	470	250	28	11	0	155	910	17	2	14	38
Texas Original BBQ - Half Rack	710	400	45	18	0	245	1100	18	2	14	60
Dry Rub - Half Rack	580	330	36	13	0	155	2700	25	3	19	39
Texas Dry Rub - Half Rack	820	480	53	19	0	245	2890	26	4	19	61
Burgers w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth® Bites	1220	650	72	26	2.5	185	2850	77	5	19	65
Classic Bacon Beef Burger	990	600	67	27	3	170	1930	48	2	13	52
Guacamole Beef Burger	1020	620	69	26	3	150	1950	52	5	14	48
Oldtimer® with Beef Burger	860	490	54	24	3	150	1710	47	2	12	47
Southern Smokehouse with Beef Burger	1240	710	79	30	3	180	2990	77	3	28	59
Sunrise with Beef Patty	1080	650	73	28	3	350	1950	48	2	14	58
Ultimate Bacon Beef Burger	1130	680	76	29	3	185	2450	57	2	20	56
Substitutes & Add-Ons	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Beef Patty	480	350	39	17	2.5	130	720	0	0	0	34
Black Bean Patty	190	60	7	1	0	0	540	22	8	2	17
Grass Fed Patty	420	260	29	14	1.5	110	520	5	0	0	33
Turkey Patty	200	70	8	2	0	85	730	0	0	0	32
Add Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
Add Applewood Smoked Bacon	70	50	6	2	0	15	210	0	0	0	5
Add Fried Egg	90	60	7	2	0	185	120	1	0	1	6
Add Terlingua Chili	80	45	5	2.5	0	15	260	3	0	1	6

Crispers & More <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta with Grilled Chicken	1180	480	53	22	1	170	3520	111	8	6	65
Cajun Pasta with Seared Shrimp	1120	470	53	22	1	190	3480	112	8	6	50
Crispy Buffalo Bleu	1940	1160	129	23	1	170	5540	136	12	19	60
Crispy Fiery Pepper	1750	820	91	15	0	145	5790	179	13	55	58
Crispy Honey Chipotle	1770	810	90	15	0	145	4950	186	12	55	56
Crispy Honey Chipotle & Waffles	2480	1130	125	40	0.5	185	5240	276	11	105	63
Original Tempura	1320	600	67	11	0	160	3850	121	11	25	61
Crispy with Choice of Sauce	1390	650	72	12	0	130	3830	131	11	15	55
Add Side BBQ Sauce	70	0	0	0	0	0	590	16	0	14	1
Add Side BBQ Sauce House	80	10	1	0	0	0	790	16	1	14	1
Add Side Honey Mustard	200	160	18	2.5	0	20	360	10	0	9	1
Add Side Ranch	170	160	18	3	0	15	300	2	0	2	1
Fajitas <i>w/o</i> Toppings, Tortillas or Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Black Bean & Veggie	600	240	27	4.5	0	5	2510	75	19	25	28
Grilled Chicken	480	150	17	5	0	195	2880	25	3	12	60
Grilled Steak	680	370	41	18	2	180	2890	25	3	11	56
Seared Shrimp	370	150	17	5	0	235	3040	28	3	13	30
Fajitas Mix & Match <i>Choose 2 or 3</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	200	90	10	3	0	0	1460	24	3	11	4
Grilled Steak (1 portion)	240	140	15	7	1	90	710	0	0	0	26
Grilled Chicken (1 portion)	140	30	3.5	1	0	95	710	0	0	0	28
Seared Shrimp (1 portion)	90	30	3	1	0	115	790	2	0	1	13
All Fajitas <i>Include</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Toppings	370	280	31	16	0	80	1060	10	4	4	16
Add White Queso & Pico de Gallo	140	100	11	4.5	0	25	580	6	0	3	5
Flour Tortillas (4 each)	350	110	12	6	0	0	860	52	2	1	8
All-Natural Corn Tortillas (4 each)	210	20	2.5	0	0	0	20	42	5	0	4
Side Rice	130	5	0	0	0	0	530	29	1	1	3
Side Beans	120	10	1	0	0	0	710	20	6	2	7
For the Table <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings - Buffalo	1090	650	73	13	0.5	120	3770	59	5	2	49
Boneless Wings - Fiery Pepper	1120	520	58	10	0	120	3640	102	5	40	50
Boneless Wings - Honey Chipotle	1140	510	57	10	0	120	2800	108	4	40	48
Bone-In Wings - Buffalo	850	580	65	14	1	290	2610	6	1	2	62
Bone-In Wings - Fiery Pepper	920	470	52	12	0.5	295	2970	51	2	40	64
Bone-In Wings - Honey Chipotle	940	460	51	12	0.5	295	2120	58	1	40	62
Bone-In Wings - Smoked	560	280	31	9	0	290	1900	17	1	14	55
Tostada Chips & Salsa	910	410	45	7	0	0	1920	113	8	5	13
Classic Nachos	1250	790	88	50	0.5	245	2640	57	6	8	60
Classic Nachos - Beef	1640	970	108	57	1.5	395	4090	57	6	9	112
Classic Nachos - Chicken	1480	860	95	52	1	400	3370	57	6	8	99
Crispy Cheddar Bites	990	690	77	32	1.5	155	2520	33	3	5	42
Flatbread - Chicken, Avocado, Bacon	1710	1170	131	47	1.5	240	2640	67	7	6	69
Flatbread - Margherita	1420	960	107	42	1.5	165	2210	62	4	5	52
Chips with Guacamole & Salsa	1190	640	71	11	0	0	2630	130	20	7	17
Fried Pickles	670	450	50	8	0	15	3500	46	6	6	8
Honey Chipotle Crispers & Waffles	1000	490	54	19	0	90	1700	98	4	43	29
Loaded Boneless Wings	1440	870	97	28	0.5	220	3710	68	4	8	73
Skillet Queso	1590	870	97	36	2	135	4250	137	10	16	45
Spiced Panko Onion Rings	950	510	56	9	0	15	1530	98	5	12	15

For the Table <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Southwestern Eggrolls	800	360	41	10	0	50	2190	82	9	9	28
Tableside Guacamole	1490	880	97	15	0	0	3130	147	33	9	20
Texas Cheese Fries - Full Order	1800	1140	127	58	0	290	5000	86	5	4	79
Texas Cheese Fries - Half Order	1310	860	95	43	0	210	3360	58	3	3	55
White Spinach Queso	1510	840	93	30	0	105	3630	130	12	12	40
For the Table -Triple Dipper	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth® Bites	780	480	54	16	1.5	110	1640	40	3	11	34
TD™ Boneless Wings - Buffalo	640	440	49	8	0	65	1950	28	2	2	23
TD™ Boneless Wings - Fiery Pepper	620	330	36	6	0	65	1930	50	3	21	24
TD™ Boneless Wings - Honey-Chipotle	630	330	36	6	0	65	1500	54	2	21	23
TD™ Crispy Cheddar Bites	580	420	47	17	1	85	1440	18	2	3	22
TD™ Fried Pickles	420	300	34	6	0	15	1900	24	3	4	5
TD™ Honey-Chipotle Chicken Crispers	750	420	47	8	0	95	1940	53	3	21	28
TD™ Original Chicken Crispers®	510	300	33	5	0	105	1380	22	3	10	31
TD™ Southwestern Eggrolls	580	280	32	8	0	35	1540	55	6	6	19
TD™ Spiced Panko Onion Rings	950	510	56	9	0	15	1530	98	5	12	15
Fresh Mex <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Ranch Chicken Quesadilla	1740	1180	131	45	1.5	300	3500	69	4	9	74
Bacon Ranch Beef Quesadilla	1850	1260	140	48	2	295	3990	69	4	10	82
Chipotle Chicken Fresh Mex Bowl	940	380	42	11	0	185	2860	82	7	8	60
Chipotle Shrimp Fresh Mex Bowl	850	380	42	11	0	220	2980	84	7	9	37
Chicken Enchiladas	960	460	51	22	1	295	2820	56	5	8	70
Ranchero Chicken Tacos	940	440	49	17	0	290	3040	48	5	4	77
Kids Entrees	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Burger Bites	410	180	20	8	1	55	580	35	2	8	23
Cheese Quesadilla	470	280	32	15	0	60	750	29	1	1	18
Cheeseburger Bites	440	200	23	10	1	65	750	35	2	8	25
Cheesy Chicken Pasta	660	270	30	13	0	140	1780	48	3	6	48
Chicken Bites	290	60	7	2	0	55	550	34	2	8	24
Chicken Dippers - Crispy	500	340	38	6	0	70	1160	19	2	2	20
Chicken Dippers - Grilled	300	180	20	3.5	0	100	690	2	0	2	28
Grilled Cheese Sandwich	430	230	26	11	0.5	35	1100	36	2	6	13
Kraft Macaroni & Cheese	430	110	12	4	0	15	940	64	3	11	15
Pizza - Cheese - 6 "	610	230	26	11	0	40	1080	72	2	7	23
Pizza - Pepperoni - 6 "	700	300	34	14	0.5	65	1250	72	2	8	26
Kids Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Side Corn on the Cob	170	15	1.5	0	0	0	0	36	3	14	5
Side Fresh Pineapple	60	0	0	0	0	0	0	16	2	12	1
Side Homestyle Fries	190	80	8	1.5	0	0	710	27	2	0	3
Side Mandarin Oranges	80	0	0	0	0	0	10	20	1	17	2
Side Mashed Potatoes <i>w/o</i> Gravy	140	70	8	1.5	0	0	370	16	2	1	2
Side Salad with Ranch	240	190	21	4.5	0	25	440	8	1	3	4
Side Steamed Broccoli	40	5	0	0	0	0	45	8	4	2	3
Lighter Choices <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Sirloin with Grilled Avocado	420	190	21	5	0.5	90	1530	23	6	7	39
Ancho Salmon	590	240	26	5	0	100	1900	44	5	5	48
Grilled Chicken Salad	430	200	23	6	0	110	1140	22	4	11	36
Mango-Chile Chicken	460	130	15	2.5	0	95	1750	50	7	12	35
Margarita Grilled Chicken	600	110	12	2	0	145	2600	68	7	9	53

Lunch Combos (LC) w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	560	260	29	8	0	120	1410	37	4	8	39
Big Mouth Bites	610	330	36	13	1	95	1340	38	3	10	33
CA Turkey Club	550	290	32	8	0.5	55	1110	43	4	7	24
Chipotle Chicken Fresh Mex Bowl	850	350	39	11	0	140	2500	80	6	7	46
Double Burger	800	440	49	22	2.5	145	2170	45	2	12	45
Fajitas - Grilled Chicken	610	270	30	15	0	145	2330	45	4	10	43
Add White Queso & Pico to Fajitas	70	50	5	2.5	0	10	330	3	0	2	3
Flatbread - Chicken, Avocado, Bacon	860	590	65	23	1	120	1320	33	3	3	35
Flatbread - Margherita	710	480	53	21	0.5	80	1110	31	2	3	26
Quesadilla - Bacon Ranch Chicken	920	640	71	22	1	145	1860	34	2	4	37
Southwestern BLT	370	200	22	5	0	20	630	33	2	7	10
Top Shelf Tacos - Ranchero Chicken	630	290	33	12	0	195	2020	32	3	2	52
Homestyle Fries (LC)	190	80	8	1.5	0	0	710	27	2	0	3
Salads <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Buffalo Chicken Salad	970	600	66	14	0.5	135	3360	44	4	6	49
Caribbean Salad	540	210	23	3.5	0	15	340	80	8	66	5
Caribbean Salad w/ Grilled Chicken	700	240	27	4.5	0	110	1180	85	8	70	33
Caribbean Salad w/ Seared Shrimp	620	240	27	4.5	0	135	1130	82	8	67	17
House Salad w/o Dressing	150	70	7	3	0	15	290	15	2	4	7
House Salad (LC) w/o Dressing	80	35	3.5	1.5	0	5	140	8	1	2	3
Fresco Salad	130	90	10	2.5	0	5	240	7	1	3	3
Fresco Salad (LC)	70	45	5	1	0	0	130	4	1	1	2
Quesadilla Explosion Salad	1400	840	93	28	1	185	2380	81	9	17	61
Santa Fe Chicken Salad w/Crispers	940	620	69	11	0	100	2000	50	10	8	33
Santa Fe Chicken Salad w/Chile-Chicken	620	390	43	7	0	120	1600	26	7	8	34
Salad Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Ancho Chile Ranch (1.5 fl oz)	170	150	17	3	0	15	350	3	0	2	1
Ancho Chile Ranch (2 fl oz)	220	200	22	4	0	20	470	4	0	2	2
Avocado Ranch (1.5 fl oz)	140	130	14	2.5	0	10	260	3	1	1	1
Avocado Ranch (2 fl oz)	180	170	19	3	0	15	350	4	1	2	1
Bleu Cheese (1.5 fl oz)	270	260	29	5	0	15	280	1	0	1	1
Bleu Cheese (2 fl oz)	360	340	38	7	0.5	20	370	2	0	1	2
Citrus Balsamic Vinaigrette (1.5 fl oz)	250	230	25	3.5	0	0	240	5	0	5	0
Citrus Balsamic Vinaigrette (2 fl oz)	330	300	34	5	0	0	320	7	0	6	0
Honey Lime (1.5 fl oz)	200	150	17	2.5	0	10	220	12	0	11	1
Honey Lime (2 fl oz)	270	200	23	3.5	0	15	290	16	0	14	1
Honey Lime Vinaigrette (1.5 fl oz)	130	110	12	2	0	0	230	6	0	4	0
Honey Lime Vinaigrette (2 fl oz)	180	150	17	2.5	0	0	310	8	0	6	0
Honey Mustard (1.5 fl oz)	200	160	18	2.5	0	20	360	10	0	9	1
Honey Mustard (2 fl oz)	270	210	24	3.5	0	25	480	13	0	12	1
Ranch (1.5 fl oz)	170	160	18	3	0	15	300	2	0	2	1
Ranch (2 fl oz)	230	210	24	4	0	20	400	3	0	2	2
Santa Fe (1.5 fl oz)	200	190	21	3.5	0	15	530	3	0	2	1
Santa Fe (2 fl oz)	270	260	28	4.5	0	20	700	4	1	2	1
Thousand Island (1.5 fl oz)	200	180	20	3	0	20	390	7	0	5	0
Thousand Island (2 fl oz)	270	230	26	4	0	25	520	9	0	6	1
Sandwiches w/o Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	1130	530	59	15	1	240	2830	74	9	16	79
Buffalo Chicken Ranch Sandwich	880	430	48	9	0	95	2780	69	3	13	42
CA Turkey Club	1090	580	64	17	1	110	2220	86	8	14	49

Sides <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus & Garlic Roasted Tomatoes	70	15	1.5	0	0	0	340	12	4	4	4
Black Beans	120	10	1	0	0	0	710	20	6	2	7
Homestyle Fries	390	150	17	3	0	0	1420	53	3	0	5
Loaded Mashed Potatoes	380	210	23	7	0	30	1020	32	4	2	11
Mexican Rice	130	5	0	0	0	0	530	29	1	1	3
Roasted Street Corn	430	250	28	5	0	25	320	38	3	15	7
Seared Shrimp - Full Order	90	30	3	1	0	115	790	2	0	1	13
Seared Shrimp - Half Order	45	15	1.5	0.5	0	60	390	1	0	0	6
Spiced Panko Onion Rings	390	170	19	3	0	0	620	48	2	5	7
Steamed Broccoli	40	5	0	0	0	0	250	8	4	2	3
Sweet Corn on the Cob	220	60	7	1	0	0	360	36	3	14	5
Smokehouse Combos <i>Choose 2 or 3</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Crispy Crispers <i>w/o</i> Sauce	470	260	29	5	0	75	1230	25	3	1	27
Honey Chipotle Crispers <i>w/o</i> Ranch	570	260	29	5	0	75	1630	51	3	20	27
Original Crispers <i>w/o</i> Sauce	310	140	15	3	0	85	1020	13	3	1	30
Jalapeno-Cheddar Smoked Sausage	380	280	31	13	1	95	1340	4	1	0	21
Ribs Honey-Chipotle BBQ	480	250	28	11	0	155	590	19	2	13	37
Ribs Texas Style Honey-Chipotle BBQ	720	400	44	18	0	245	780	20	2	13	59
Ribs House BBQ	480	260	29	11	0	155	1110	18	2	14	38
Ribs Texas Style House BBQ	720	410	45	18	0	245	1300	19	3	14	60
Ribs Original BBQ	470	250	28	11	0	155	910	17	2	14	38
Ribs Texas Style Original BBQ	710	400	45	18	0	245	1100	18	2	14	60
Ribs Dry Rub	580	330	36	13	0	155	2700	25	3	19	39
Ribs Texas Style Dry Rub	820	480	53	19	0	245	2890	26	4	19	61
Smoked Bone-In BBQ Chicken Breast	360	110	12	3	0	160	1920	21	1	19	43
All Smokehouse Combos <i>Include</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chile-Garlic Toast	140	60	7	1.5	0	0	370	17	1	1	3
Garlic Dill Pickles	5	0	0	0	0	0	170	1	0	0	0
Homestyle Fries	390	150	17	3	0	0	1420	53	3	0	5
Roasted Street Corn	430	250	28	5	0	25	320	38	3	15	7
Soups & Chili <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Enchilada - Bowl	440	260	28	10	0	75	1660	25	3	3	22
Chicken Enchilada - Cup	220	130	14	5	0	35	830	13	1	2	11
Clam Chowder - Bowl	370	240	26	14	0	100	780	23	1	6	12
Clam Chowder - Cup	190	120	13	7	0	50	390	12	1	3	6
Loaded Baked Potato - Bowl	520	320	36	22	1	115	1880	26	2	4	19
Loaded Baked Potato - Cup	260	160	18	11	0	60	940	13	1	2	10
Terlingua Chili - Bowl	420	250	28	14	0	90	1270	14	2	5	29
Terlingua Chili - Cup	210	130	14	7	0	45	630	7	1	2	14
Steaks <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Ribeye	1050	580	64	24	2.5	210	2720	40	8	3	81
Classic Sirloin 10 oz	820	380	43	14	1	170	2230	42	8	4	68
Classic Sirloin 6 oz	680	330	37	11	1	115	1910	41	8	3	48
Country-Fried Steak	1290	600	67	14	1.5	75	3060	121	11	19	52
Sweet Stuff <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesecake	720	380	43	23	1.5	210	440	73	1	61	11
Mini Molten Chocolate Cake	580	250	28	14	0	60	340	80	1	57	6
Molten Chocolate Cake	1150	550	61	30	1	125	580	142	2	102	11
Molten Salted Caramel	1040	380	42	16	0.5	90	1210	154	1	108	12
Skillet Chocolate Chip Cookie	1420	640	71	38	1	110	900	189	6	116	14

Extras	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
Burger Bun	270	70	8	2	0	0	360	42	1	10	7
Cheese, American	70	50	6	3.5	0	15	340	1	0	0	4
Cheese, Cheddar	80	60	7	4.5	0	20	130	0	0	0	5
Cheese, Provolone	80	50	6	4	0	15	200	0	0	0	6
Fresh Guacamole - Large Side	250	200	23	3.5	0	0	630	15	11	2	3
Fresh Guacamole - Small Side	130	100	11	1.5	0	0	320	7	5	1	2
Gravy, Black Pepper 1.5 oz	25	10	1	0	0	0	240	3	0	0	1
Honey Chipotle Sauce 1.5 oz	100	0	0	0	0	0	410	26	0	19	0
BBQ Sauce Original 1.5 oz	70	0	0	0	0	0	590	16	0	14	1
BBQ Sauce House 1.5 oz	80	10	1	0	0	0	790	16	1	14	1
Rice & Black Beans (Cadi)	250	15	1.5	0	0	0	1240	49	6	2	10
Pickles	5	0	0	0	0	0	170	1	0	0	0
Salsa 1.5 oz	10	0	0	0	0	0	420	3	1	1	0
Sour Cream	60	60	6	3.5	0	20	70	2	0	1	1
Wing Sauce 1.5 oz	35	25	3	0	0	0	1320	2	1	1	0
PARTY PLATTER (PP) PORTIONS - Party platters serve approximately 6-8 & sides serve 4-6											
PP Beverages <i>By the Gallon</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Iced Tea	40	0	0	0	0	0	115	11	0	0	0
Iced Tea - Blackberry	820	0	0	0	0	0	105	202	0	188	0
Iced Tea - Mango	840	0	0	0	0	0	105	209	0	192	0
Lemonade	1570	0	0	0	0	0	520	439	0	418	0
Lemonade - Strawberry	1990	5	0.5	0	0	0	590	536	6	509	3
PP Apptizers	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth Bites (20 ct)	6760	3890	433	143	13	995	14610	389	25	102	330
Big Mouth Bites (12 ct)	4100	2380	264	86	8	600	8840	234	15	62	198
Southwestern Eggrolls (24 ct)	6370	2910	324	81	1.5	400	17480	649	65	66	219
Southwestern Eggrolls (12 ct)	3190	1460	162	41	0.5	200	8740	325	33	33	109
Tostada Chips with Salsa	5350	2430	270	44	0	0	8170	660	45	18	73
Add White Spinach Queso	600	430	48	23	0	105	1710	17	4	7	27
Add Skillet Queso	690	470	52	28	2	135	2340	24	2	11	32
Add Fresh Guacamole	280	230	25	3.5	0	0	710	16	12	2	4
PP Appetizers - <i>Triple Dipper</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth Bites (6 ct)	1820	980	109	39	3.5	280	4020	114	8	29	98
TD™ Bone-In Wings - Buffalo (16 ct)	1170	650	72	18	1	555	4650	9	2	3	121
TD™ Bone-In Wings - Fiery Pepper (16 ct)	1490	620	69	18	0.5	555	5330	98	5	77	125
TD™ Bone-In Wings-Honey Chipotle (16 ct)	1530	610	67	17	0.5	555	3640	112	2	77	121
TD™ Boneless Wings - Buffalo (18 ct)	1370	670	75	13	0	175	6800	96	8	3	79
TD™ Boneless Wings - Fiery Pepper (18 ct)	1560	610	68	12	0	175	5330	160	9	57	81
TD™ Boneless Wings-Honey Chipotle (18 ct)	1590	600	67	11	0	175	4060	170	7	58	79
TD™ Crispy Style Crispers (15 ct)	2350	1320	146	25	0	385	6130	123	14	3	134
TD™ Honey-Chipotle Crispers (15 ct)	2900	1320	147	25	0	385	8290	264	15	104	135
TD™ Original Crispers (15 ct)	1550	690	77	14	0	430	5110	63	13	5	152
TD™ Southwestern Eggrolls (6 ct)	1320	480	53	16	0	80	3850	157	14	14	53
PP Appetizers - <i>Triple Dipper Sauces</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce 6 fl oz	260	10	1	0	0	0	2350	62	1	54	3
BBQ Sauce House 6 fl oz	300	40	4	0	0	0	3150	64	4	56	3
Bleu Cheese 6 fl oz	1070	1030	114	20	2	55	1120	5	1	4	5
Honey Mustard 6 fl oz	810	640	72	11	1	70	1430	39	0	36	3
Ranch Dressing 6 fl oz	690	640	71	12	1	65	1210	8	0	7	5

PP Boneless Wings - Served in 22, 33 & 66 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings - Buffalo (11 ct)	790	390	43	7	0	105	3410	55	4	1	47
Boneless Wings - Fiery Pepper (11 ct)	940	360	40	7	0	105	3320	99	5	38	48
Boneless Wings - Honey Chipotle (11 ct)	960	350	39	7	0	105	2470	106	4	38	46
PP Bone-In Wings - Served in 16, 24 & 48 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings - Buffalo (8 ct)	620	350	39	10	0	275	3620	6	1	2	61
Bone-In Wings - Fiery Pepper (8 ct)	740	310	34	9	0	275	2640	48	2	38	62
Bone-In Wings - Honey Chipotle (8 ct)	760	300	34	9	0	275	1800	55	1	38	60
Bone-In Wings - Smoked (8 ct)	490	270	30	9	0	290	1410	0	0	0	54
PP Crispers- Served in 10, 15 & 30 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Crispy Buffalo Bleu (10 ct)	1800	1070	119	23	0.5	285	6340	87	11	4	95
Crispy Buffalo Bleu (15 ct)	2700	1610	178	35	1	425	9510	130	16	7	143
Crispy Fiery Pepper (10 ct)	1950	890	99	17	0	260	7410	175	13	78	94
Crispy Fiery Pepper (15 ct)	2930	1340	149	26	0	390	11110	263	20	116	141
Crispy Style Crispers (10 ct)	1570	880	98	17	0	260	4090	82	9	2	90
Crispy Style Crispers (15 ct)	2350	1320	146	25	0	385	6130	123	14	3	134
Honey-Chipotle Crispers (10 ct)	1980	880	98	17	0	260	5710	188	10	78	90
Honey-Chipotle Crispers (15 ct)	2980	1320	147	25	0	385	8570	282	15	117	135
Original Crispers (10 ct)	1030	460	51	9	0	285	3410	42	9	3	101
Original Crispers (15 ct)	1550	690	77	14	0	430	5110	63	13	5	152
PP Crispers - Dipping Sauces	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce 4 fl oz	170	5	0.5	0	0	0	1570	42	1	36	2
BBQ Sauce House 4 fl oz	200	25	3	0	0	0	2100	43	2	37	2
Bleu Cheese 4 fl oz	710	680	76	13	1	40	750	3	1	2	3
Honey Mustard 4 fl oz	540	430	48	7	0.5	45	960	26	0	24	2
Ranch Dressing 4 fl oz	460	420	47	8	0.5	45	810	5	0	4	3
PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Quesadilla Explosion Salad	5560	3460	384	116	3.5	740	9580	290	32	74	242
Santa Fe Grilled Chicken Salad	2690	1750	195	32	2	505	6810	108	28	33	139
House Salad w/ 6 fl oz Dressing (Small)	980	570	63	15	0.5	45	2010	84	7	24	24
House Salad w/ 10 fl oz Dressing (Large)	1140	530	59	25	0	120	2290	109	15	27	51
Ancho Chile Ranch 6 fl oz	670	600	67	11	1	60	1410	12	1	7	5
Avocado Ranch 6 fl oz	550	500	56	9	0.5	45	1040	11	4	5	4
Bleu Cheese 6 fl oz	1070	1030	114	20	2	55	1120	5	1	4	5
Citrus Balsamic Vinaigrette 6 fl oz	1000	910	101	15	1.5	0	960	22	0	18	1
Honey Lime 6 fl oz	810	610	68	10	1	50	870	47	1	42	2
Honey Lime Vinaigrette 6 fl oz	540	450	50	8	0.5	0	930	24	1	17	0
Honey Mustard 6 fl oz	810	640	72	11	1	70	1430	39	0	36	3
Ranch 6 fl oz	690	640	71	12	1	65	1210	8	0	7	5
Santa Fe 6 fl oz	820	770	85	13	1.5	60	2100	12	2	7	2
Thousand Island 6 fl oz	820	700	78	12	1	80	1570	27	1	18	2
CATurkey Club (10 halves)	6640	4020	447	103	7	645	12170	434	41	72	246
PP Fajitas (Small) As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken Small	5360	2090	232	102	0.5	750	18790	556	66	55	269
Grilled Steak Small	5750	2510	279	128	4	720	18790	556	66	53	261
Seared Shrimp Small	5100	2060	228	101	0.5	965	19980	557	66	54	213

PP Fajitas (Large) <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken Large	7550	2840	315	134	1	1175	27620	777	86	87	417
Grilled Steak Large	7850	3420	380	172	6	945	26210	776	86	84	348
Seared Shrimp Large	6850	2720	303	131	1	1245	27580	777	86	86	272
PP Fajitas Mix & Match/Trio (Small)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	270	100	11	3	0	0	1700	41	6	19	6
Choose 2 or 3 Proteins (Small)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken (1 choice)	290	60	7	1.5	0	190	1420	1	0	1	56
Grilled Steak (1 choice)	480	270	30	15	1.5	180	1430	1	0	0	52
Seared Shrimp (1 choice)	160	45	5	1	0	300	2020	1	0	1	28
Add Fajita Accompaniments (Small)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings Small	1590	1210	135	73	0	355	3980	43	14	16	67
Flour Tortillas (12 each)	1060	320	35	17	0	0	2570	157	7	4	25
All-Natural Corn Tortillas (12 each)	620	70	7	1	0	0	65	127	14	1	12
Add Black Beans	730	50	6	0	0	5	4130	120	34	9	39
Add Mexican Rice	1140	290	32	6	0	0	3550	193	5	4	20
Add White Queso & Pico de Gallo	320	220	24	11	0	50	1360	14	1	8	11
PP Fajitas Mix & Match/Trio (Large)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	530	200	22	6	0	0	3410	83	13	38	11
Choose 2 or 3 Proteins (Large)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken (1 choice)	570	120	13	3	0	385	2850	2	0	2	112
Grilled Steak (1 choice)	720	410	45	22	2.5	270	2140	1	0	0	77
Seared Shrimp (1 choice)	230	60	7	1.5	0	420	2830	2	0	1	39
Add Fajita Accompaniments (Large)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings Large	1880	1430	159	82	0	395	5690	64	22	24	73
Flour Tortillas (24 each)	2120	630	70	34	0	0	5150	314	14	8	51
All-Natural Corn Tortillas (24 each)	1240	130	15	2.5	0	0	125	253	28	3	25
Add Black Beans	730	50	6	0	0	5	4130	120	34	9	39
Add Mexican Rice	1140	290	32	6	0	0	3550	193	5	4	20
Add White Queso & Pico de Gallo	710	490	54	23	0.5	115	2900	29	2	16	25
PP Enchiladas <i>w/o Sides</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken with Sour Cream Sauce (Small)	2900	1460	162	69	3.5	830	7970	169	16	25	191
Chicken with Sour Cream Sauce (Large)	5790	2920	325	138	7	1660	15940	337	33	51	382
PP Baby Back Ribs	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Honey Chipotle BBQ (Small)	3290	1610	178	71	0	980	4760	187	10	126	238
House BBQ (Small)	3190	1670	186	72	0	975	8350	139	16	112	244
Original BBQ (Small)	3110	1610	179	72	0	975	6740	135	11	109	243
Dry Rub (Small)	3020	1650	183	72	0	975	11570	102	16	76	243
Honey Chipotle BBQ (Large)	6150	3210	356	143	0	1955	7890	267	20	176	476
House BBQ (Large)	6080	3310	368	144	0	1955	13540	213	28	167	484
Original BBQ (Large)	5960	3220	358	143	0	1955	11140	207	20	163	483
Dry Rub (Large)	5740	3260	362	144	0	1955	19980	140	28	95	484
PP Make it a Combo <i>Choose 2 Entrees & 2 Sides</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Classic Sirloin	1020	470	52	18	2	335	2570	4	0	0	135
Ancho Salmon	1680	910	101	18	1	405	4470	27	3	9	169
Ribs - Honey Chipotle	3290	1610	178	71	0	980	4760	187	10	126	238
Ribs - House BBQ	2890	1640	182	72	0	975	5200	74	12	56	241
Ribs - Original BBQ	2850	1610	178	72	0	975	4390	72	10	54	240
Ribs - Dry Rub	3020	1650	183	72	0	975	11570	102	16	76	243
Jalapeno-Cheddar Smoked Sausage	1520	1120	125	52	3.5	385	5370	16	4	1	84
Margarita Grilled Chicken	640	120	13	3	0	385	3350	19	0	16	112

PP Make it a Combo Choose 2 Entrees & 2 Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Seared Shrimp	260	70	8	1.5	0	480	3230	2	0	1	45
Smoked Bone-In BBQ Chicken Breast	1140	390	43	12	0	635	4540	21	1	19	168
PP Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus & Garlic Roasted Tomatoes	210	40	4	0	0	0	1030	35	12	11	13
Black Beans	730	50	6	0	0	5	4130	120	34	9	39
Cadillac Style (Rice & Black Beans)	1870	340	38	6	0	5	7680	313	39	13	59
Mexican Rice	1140	290	32	6	0	0	3550	193	5	4	20
Homestyle Fries	2310	910	101	17	0	0	12790	319	20	0	31
Loaded Mashed Potatoes	1800	1010	112	34	1	150	4720	143	20	7	56
Roasted Street Corn	2560	1520	169	31	2.5	155	1930	227	20	90	41
Steamed Broccoli	250	25	3	0.5	0	0	2460	50	23	9	16
Sweet Corn on the Cob	1310	350	40	6	1	0	2180	218	19	85	29
PP Pasta	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta with Grilled Chicken (Small)	2640	1070	119	47	2.5	340	7390	255	17	13	136
Cajun Pasta with Seared Shrimp (Small)	2470	1050	116	46	2.5	390	7350	254	17	12	102
Cajun Pasta with Grilled Chicken (Large)	4990	2020	225	90	4.5	680	14260	477	33	24	267
Cajun Pasta with Seared Shrimp (Large)	4660	1970	219	89	4.5	775	14190	475	32	22	199
PP Sweet Stuff	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chocolate Chip Cookie	6530	2790	309	162	2.5	375	4430	919	31	574	61
Dessert Combo	6170	2470	275	136	3	440	4370	901	21	581	57
Dessert Trio	6110	2610	290	144	5	760	3870	836	22	596	67

Cals...Calories	Chol...Cholesterol	(g)...grams
Fat Cals...Calories from Fat	Sod...Sodium	(mg)...milligrams
Sat...Saturated Fat	Carbs...Carbohydrates	
Trans...Trans Fat	Prot...Protein	

*** Nutrition analysis for select beverages is based on standardized ice fill.**

The nutritional analysis is comprised of data from an independent testing facility commissioned by Chili's, combined with nutrient data from Chili's suppliers, the United States Department of Agriculture and nutrient database analysis of Chili's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Chili's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredients information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Chili's products.